U.S. Gold Recreational Tumbling Class Schedule

Yearly Registration $35 (individual) $50 (family) - Sibling Discounts & Multiple Class Discounts Available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		4:30 CheerTumble (1st-5th)			
		4:30 CheerTumble II (1st - 5th)			
		6:30 CheerTumble (1st-5th)	6:30 CheerTumble (1st-5th)		
7:30 CheerTumble (4th - 8th)	7:30 CheerTumble (6th-12th)		7:30 CheerTumble (6th-12th)		
7:30 CheerTumble (6th-12th) Must have RO BHS	7:30- 8:25 Stunt Class*	7:30 CheerTumble (6th-12th) Must have RO BHS			

All tumbling classes emphasize proper skill progressions and techniques. Students will start in beginner learning tumbling terminology. They will also be introduced to basic tumbling skills. After this is mastered they will be invited to move through each level as the proper skills are mastered. To see the skill requirements for your child's level please visit the front desk or talk to your child's coach.

CheerTumble: A 55 minute class that focuses primarily on beginning tumbling skills. Jumps, motions, conditioning, and flexibility are also taught in this class. **$75 per month**

CheerTumble II : A 55 minute class for more advanced tumblers. Jumps, motions, conditioning, and flexibility are also taught in this class. **$75 per month**

Please note that some 6th-12th grade classes have skill requirements.

Special Events: Call for info & reservations!

Enrollment in any class is subject to space availability. Call 817.491.9996 to sign up for your FREE trial class!

4000 Haslet-Roanoke Rd, Ste 100, Roanoke, TX ~ **www.usgoldgymclub.com**